



ENAGIC™ LEVELUK K8



+100 WAYS TO USE KANGEN WATER

Kangen Water™ replaces your household products, beauty products, health products and more... here's how.

11.5pH Strong Kangen Water™

1. **GOOD NIGHT SLEEP:** Drink 1/2-1 ounce (15-30ml) of 11.5pH before bedtime to help release Melatonin for a great night's sleep.
2. **EYE WASH:** Rinse eyes with an eye cup. Upon removing the eye cup from its packaging, soak in Strong Acidic Water 2.5pH for 1-2 minutes to clean and disinfect. Rinse the eye cup thoroughly with Strong Alkaline Water 11.5pH. Fill the cup, following package directions, with Strong Alkaline Water 11.5pH. Wash your eye following package directions for approximately 1 minute. Toss the water away and disinfect again with Strong Acidic Water. Repeat the steps for the second eye. To maintain healthy eyes follow this protocol 1-3 times a week. When working to improve any eye condition, follow this protocol at least 2 times daily and up to 10 times per day.
3. **GREASE IN EYE:** Spray 11.5pH as needed to soothe and heal eye.
4. **MAKE UP REMOVER:** Spray on eyes to dissolve and remove make up.
5. **PUFFY EYES:** Spray on eyes to reduce puffiness.
6. **HOT BATH SOAK:** Use 1 gallon of 11.5pH added right at the end of filling the tub. This replaces Epsom Salts or another remedy. This works even better if you have the Anespa DX from Enagic™.
7. **ALLERGIES, COLD SYMPTOMS, SNORING:** Use as a nasal wash when sinuses are plugged. Due to the reduction in inflammation of nasal passages this technique can also reduce snoring.
8. **BUG SPRAY REPELLANT, SUNBURN, PAIN, BUG BITES, SWELLING:** Spray or soak areas with towel soaked in 11.5pH and keep wet by adding small amounts of 11.5pH to the towel for a minimum of 30 minutes twice a day. It works even better if done for 1 hour twice daily.
9. **HEART BURN, INDIGESTION, FOOD POISONING, STOMACH FLU:** Drink 1/4 cup (or 60ml) of fresh 11.5pH immediately followed by 25 ounces (740ml) of 9.5pH then do not eat or drink anything for 45 minutes. Repeat the next day only if necessary.
10. **ARTHRITIS, GOUT, MUSCLE SORENESS, TISSUE INJURIES:** Since high alkalinity draws out acids, you can use the 11.5pH to soak in to 'pull out' acids associated with inflammation, injury and pain.
11. **HANGOVERS, MIGRAINES:** 11.5pH can prevent hangovers, drink several ounces as soon as you feel the migraine coming on.
12. **CHEMOTHERAPY:** Drink 11.5pH with chemotherapy. The benefits are that side effects are lessened, it reverses metabolic acidosis, and the antioxidants are good for any point in chemotherapy. Apply 11.5pH on the skin twice a day for burns due to chemotherapy.
13. **STROKE:** Drink as much 11.5pH as you are able if you feel a stroke coming on, to provide potent alkalinity to overcome severe acidosis causing the stroke.
14. **FRUITS & VEGGIES:** Soak in 11.5pH for a minimum of 5 minutes to emulsify and clean off pesticides, then rinse with 9.5pH. Clean and revitalise.
15. **ICE CUBES:** Make ice cubes with 11.5pH to help off-set acidic drinks like soda and coffee.
16. **RICE, BEANS, LEGUMES:** Soak in 11.5pH for 5-10 minutes and rinse clean with low flow 9.5pH. Soak dried beans and pees for 1 hour to speed up cooking.
17. **MEAT:** Soak all in 11.5pH for 5-10 minutes for cleaning and tenderizing.
18. **LAUNDRY SOAP:** Use 1-2L of 11.5pH per load in place of laundry soap. Works beautifully for greasy smells like Fast-Food restaurant work clothes. Add a few drops of essential oils for a fresh smell.
19. **STAINS ON CLOTHES, RUGS, CARPETS:** Use 11.5pH as a degreaser for any type of cleaning. Clean oil based stains by soaking the area and letting sit for 10-20 minutes and then blot out of carpets or wash clothes by following number 18 of this document.
20. **CLEAN OVEN, CLOGGED SINKS, TUBS:** Clean oven with scratch pad and 11.5pH. Replaces chemical cleaner when dissolving grease and grime in the kitchen. Use instead of chemical product for clogged sinks and bathtubs.

- 21.POLISH SILVER: Soak silver in 11.5pH and polish.
- 22.PAINT THINNER: After using oil based paints, use 11.5pH to clean up.
- 23.'GOO GONE': Use 11.5pH to remove greasy, gooey, gummy, sticky problems.
- 24.SPROUTING: Soak nuts, seeds or grains in 11.5pH for 1 hour to speed up sprouting.
- 25.SALAD: Add 1 tbs of 11.5pH to salad dressings to keep the oil emulsified.
- 26.FISH, CHICKEN: Soak fish and chicken in 11.5pH to clean and tenderize.
- 27.DIGESTION: Drink 1 ounce (30ml) of 11.5pH 45 minutes before meals to enhance digestion. Don't drink anything during the meal and 30 minutes after.
- 28.STEAM OR BLANCH VEGGIES: Use 11.5pH to enhance the flavour when making steam or blanch vegetables.
- 29.CLOTHES, LINEN SPRAY: Mix 11.5pH with a few drops of essential oils in a spray bottle. Use as refreshing linen spray.
- 30.SOAP & LOTIONS: Use 11.5pH to emulsify oils for making soaps and lotions.
- 31.DARK CLOTHING DYE: Use 11.5pH to dye dark colored clothing.
- 32.DETOX: Soak your feet in 11.5pH for 20 minutes one or more times a week to aid your body's detoxification process.

8.5 – 9.5pH Kangen WATER™ (Ideal drinking water).

- 33.SOUPS: Cook all soups with 9.5pH Kangen Water™ for more flavour.
- 34.STIR FRY: Stir fry with 9.5pH to steam.
- 35.WEIGHT LOSS: Drink a glass of 9.5pH Kangen Water™ when you're thinking about having a snack. Wait 30 minutes and if you're still hungry eat the snack. Most people are so dehydrated that their first mechanism is to think they are hungry and really they just need water.
- 36.GREY HAIR: Drinking Kangen Water™ 9.5pH can often return original hair colour due to the cells repairing.
- 37.VISION: Drinking Kangen Water™ 9.5pH can improve vision.
- 38.SPIDER VEINS: Drinking Kangen Water™ 9.5pH can over time improve spider veins due to the cells repairing.
- 39.AROMATHERAPY, SPRITZER: Put any herb like rosemary or lavender in a spray bottle filled with Kangen Water™ 9.5pH, let set for a couple of hours and use as a spritzer in your house for aromatherapy and an air freshener.
- 40.COFFEE, TEA: Make coffee and tea with Kangen Water™ 9.5pH to increase flavours, colours, nutritional value, and decrease the acidity of coffee.
- 41.PETS: Use Kangen Water™ as drinking water for pets, they love it!
- 42.COOKING: Use Kangen Water™ as cooking liquid for potatoes, grains, dried beans or peas, pasta, etc. to increase flavour and alkalinity.
- 43.BROTH: Use Kangen Water™ as the cooking liquid for broth to extract the maximum vitamins and minerals from the vegetables and meats.
- 44.PLANTS: Water seedlings or sick plants with Kangen Water™.
- 45.FLOWERS: Use Kangen Water™ for vases of cut flowers to extend fresh appearance.
- 46.PROTEIN SHAKES: Use Kangen Water™ 8.5–9.5pH to make protein shakes. Dissolves the powder more rapidly and absorbs nutrients more efficiently.
- 47.DRINKING WATER: Drink at least 3L of Kangen Water™ everyday. Kangen Water™ is high in molecular hydrogen, antioxidants and minerals. It improves health at every level since day 1 and in the long term by hydrating and repairing each cell of the body down to its DNA.

7.0pH Clean Water.

- 48.MEALS: Drink with meals only if necessary. (It is not recommended to drink water 30 minutes before a meal and up to 45 minutes after eating in order for the body to digest the food correctly.)
- 49.BABY FORMULA: Use Clean Water 7.0pH for making baby formula.
- 50.MEDICATION: Drink Clean Water 7.0pH with fast dissolving medication. (Kangen Water™ would dissolve them too quickly and could diminish their effect.)

6.0pH Beauty Water (Same pH as rain, skin and hair).

- 51.FACIAL SOAP: Use 6.0pH to clean the face twice a day as a facial soap. Spray on the face after cleaning.
- 52.HAIR CONDITIONER: Rinse your hair with 6.0pH after showering or bathing to soften hair instead of conditioner. Try not to use conditioner of any kind as this coats the hair. Makes your hair soft, shiny and healthy. Many users report significant hair re-growth.
- 53.SKIN TONER: Use 6.0pH as final rinse in shower or bath to tone and firm skin.
- 54.RASHES, DIAPER RASH: Spray 6.0pH on skin to soothe and heal rashes, including diaper rash.
- 55.PETS: Bathe pets with 6.0pH for more lustrous coats.
- 56.PLANTS: Water indoor and outdoor plants with 6.0pH for vigorous growth. Can revive dying plants.
- 57.FREEZING FOOD: Spray 6.0pH on food before freezing (including fish and shrimps) so that food does not lose its flavour.
- 58.ANTHOCYANINS: Use 6.0pH to wash and prepare fruits and veggies containing anthocyanin (plums, grapes, cherries, strawberries, red cabbage, eggplant, soy beans, asparagus...)
- 59.FABRIC SOFTENER: Use 1 gallon of 6.0pH in the rinse cycle during laundry instead of fabric softener.
- 60.EYEGLASSES: Use 6.0pH to clean lenses.
- 61.REPLACES 'WINDEX': Beauty Water 6.0pH replaces all window and mirror cleaners.
- 62.HARDWOOD FLOORS, CERAMIC TILES: Use 6.0pH for polishing and housecleaning (hardwood floors, ceramic tiles, etc.).
- 63.LINES, WRINKLES: Mix 6.0pH with essential oils, spray on skin to hydrate, reduce lines and wrinkles, tone skin and produce younger, healthier skin.

2.5pH Strong acidic water (hypochlorous acid).

- 64.MICROBES: Pre rinse or spray all fruits, veggies and meat with 2.5pH and let sit for 1 minute before soaking in 11.5pH (see number 14-17-26). This will eliminate all microbes, MRSA and infections.
- 65.DISINFECTING: Use 2.5pH for disinfecting anything instead of using chemical unhealthy products.
- 66.ANTI-BACTERIAL SOAP: Use 2.5pH in place of anti-bacterial soap for a chemical free disinfection.
- 67.HARD WATER SPOTS, RUST: Clean hard water spots off chrome and rust off metal with 2.5pH.
- 68.FACIAL LIFTING AND TIGHTENING: Spray face and neck (not eyes!) with 2.5pH and rub skin upward until dry. Finish by spraying with Beauty Water 6.0pH to tone skin.
- 69.TEETH: After brushing teeth, gargle with 2.5pH for 1 minute (don't swallow!) and then rinse with Kangen Water™ for 30 seconds to restore the natural pH. This procedure will prevent or resolve periodontal disease and thrush, and avoid root canals. Kills the bacteria that causes gingivitis, and provides a gentle, safe bleaching of the teeth.
- 70.VOMITING: Drink 1-2 Tbsp of 2.5pH to stop vomiting.
- 71.OPEN WOUNDS, BURNS, INFECTIONS, BLEEDING, CANDIDA: Hypochlorous acid kills pathogens and bacteria. Use 2.5pH to disinfect and aid in healing cuts, scrapes, burns, etc. Clean twice a day until healed. Do not use any other ointments as they only attract microbes by keeping the area moist and sticky.
- 72.INFECTED SINUSES: Fill up a nasal spray bottle with 2.5pH and a second one with Strong alkaline water 11.5pH. Spray in each nostril and wait 2 minutes, then flush with 11.5pH. Repeat this procedure twice a day for 2 days.
- 73.NAIL FUNGUS: Spray or soak in 2.5pH twice a day until healed.
- 74.PINK EYE: Spray infected eye several times through the day and it will clear up.
- 75.SORE THROAT, STREP THROAT, COUGH: Gargle with 2.5pH 3-4 times a day or put some 2.5pH into a spray bottle and spray into throat.
- 76.POISON IVY: Spray 2.5pH on infected area as often as needed. It will slow down itching and dry up poison ivy much quicker.
- 77.FEVER BLISTERS, CANCER SORES: Spray or gargle with 2.5pH to stop and dry up both.
- 78.MOLES & WARTS: If you see something abnormal on your skin you may want to soak a gauze pad on a band aid with 2.5pH and apply over the area. Change the band aid at least once a day. Often this process requires 30-60 days before seeing results.

- 79.MENSTRUAL CUP: Soak your cup in 2.5pH for a few minutes then rinse with clean water (7.0pH). It will disinfect and eliminate odours.
- 80.DEODORANT: Spray armpits with 11.5pH (you can add a few drops of essential oils if desired) then spray with 2.5pH to eliminate bacteria.
- 81.FLEAS: Spray 2.5pH on the fur of pets with fleas. If needed, spray and clean house with 2.5pH to eliminate fleas.
- 82.PLANTS: Spray plants with 11.5pH first. Let dry then spray with 2.5pH instead of chemical insect repellent.
- 83.ACNE: Apply 2.5pH on pimples to eliminate bacteria and viruses and speed up healing.
- 84.HAND SANITIZER: Carry some 2.5pH in a small spray bottle to use as a hand sanitizer.
- 85.PLANTS: Water acid loving plants with 2.5pH 3 times during the growing season to produce vigorous growth and more blossoms.
- 86.COFFEE & TEA: Use 2.5pH to clean coffee and tea stains from cups.
- 87.CLOTHES & LINEN BLEACHING: Soak in 2.5pH overnight instead of using chemical bleach, then put them through a rinse cycle in the washer before continuing with the instructions of general laundry (see number 18).
- 88.BABIES: Use 2.5pH to clean and disinfect babies' toys, high chairs, diaper changing surfaces, crib rails, etc. For safe cleaning without chemicals.
- 89.RUGS AND CARPETS: Pet odours can be eliminated with 2.5pH without removing or fading the colours of the carpet or rug, including hand woven Persian rugs. For an overall clean, use a steam cleaner and 11.5pH strong Kangen Water™. To add a fresh scent to your carpets, add 10 drops of essential oil to the final rinse water.
- 90.SOAP SCUM: Spray 2.5pH on tiles to remove soap scum.
- 91.HARD WATER: Spray 2.5pH on hard water spots and rings then scrub with a soft brush.
- 92.LIMESCALE: Detach the shower head and soak in a basin of 2.5pH for at least 30 minutes, then scrub with a medium bristle brush.
- 93.PROTEIN-BASED STAINS: Use 2.5pH to clean up protein-based stains. For oil-based stains, clean with 11.5pH strong Kangen Water™.
- 94.BEDS: Spray 2.5pH on mattress, pad, blankets and pillows as an anti-microbial. A fine mist is adequate. Allow them to fully dry then follow up with a light misting with your room spray (see number 29).

Additional skin condition remedies:

ACNE, ECZEMA, PSORIASIS, RASHES, BURNS:

- 1.Rinse with 11.5pH strong alkaline water to remove excess oils from the skin.
- 2.Cleanse with non-soap cleanser and 4-6pH mild acidic water (beauty water).
- 3.With a cotton swab dab 2.5pH strong acidic water on any active blemishes or broken skin.
- 4.Tone with 4-6pH beauty water in a glass bottle with a fine spray mister.
- 5.Repeat morning and bedtime.
- 6.Tone multiple times per day to keep skin hydrated.

DIAPER RASH:

- 1.Cleanse with non-soap cleanser and 4-5pH mild acidic water (beauty water) and pat dry.
- 2.With a cotton swab dab 2.5pH strong acidic water on any broken skin and let dry.
- 3.Hydrate the skin with 4-6pH mild acidic water (beauty water) in a glass bottle with a fine spray mist setting.
- 4.Repeat after each diaper change.

Diaper rash begins with urine and feces that are too acidic. To prevent diaper rash begin by making certain that your baby is properly hydrated with 8.5-9.5pH Kangen Water™. Next replace baby wipes with a container filled with soft cloths or unbleached paper towels and Mild Acidic Water (beauty water). Use to cleanse diaper area each time you change your baby, pat dry, and then apply a very fine mist to the skin. This assists in keeping the pH of the skin balanced.

More Water info!

GETTING STARTED WITH KANGEN WATER™:

It is recommended that everyone who chooses to drink Kangen Water™ start by drinking 8.5pH water.

Drink at least 1/2 of your body weight in ounces each day (Read below for your personal measures). If you do physical demanding work, participate in strenuous athletics, or are dealing with 'sickness issues', you need to drink more Kangen Water™ to help your body move towards and achieve homeostasis. In these situations, it is recommended that you drink at least 3/4 of your body weight in ounces, and drinking 1 ounce per pound of body weight per day produces real 'miracles'. It has been observed that people who drink a minimum of 3/4 of their body weight in ounces of Kangen Water™ per day see the quickest results.

After successfully drinking the suggested amount of 8.5pH Kangen Water™ for 2 weeks without experiencing any discomfort while drinking the water other than frequency of urination, then you may choose to increase the water pH level up to 9.0pH. Continue drinking the suggested amount of water at this setting each day for at least 2 more weeks. After successfully drinking the suggested amount of 9.0pH Kangen Water™ without experiencing any discomfort while drinking the water other than frequency of urination, then you may choose to increase the water pH level up to 9.5pH.

Cleansing symptoms: Occasionally we find people that experience 'cleansing' symptoms. These are typically caused by the body releasing stored toxins and acidic wastes. If you experience any 'cleansing' types of symptoms (such as headaches, skin eruptions, loose bowels, coughing, etc.) when you start on the 8.5pH water, then you should increase the amount of water you are drinking to help neutralize and flush the toxins from your system. If you experience these symptoms after increasing the pH of the water you are consuming, then go back to the last pH setting that you were able to drink without experiencing these symptoms and increase the amount of water that you consume until these symptoms stop. If the reaction gets too severe, one should back off the pH but INCREASE the volume of water ingested.

To determine how much water your body needs:

- Convert weight in pounds (lbs).
- Divide weight (lbs) per 2.
- Convert that number in ounces then in millilitres if needed.

Example: A person weighing 150lbs would need to drink a minimum of 75 ounces of water per day to be appropriately hydrated.

To obtain therapeutic results:

- Increase the amount of water by an additional 20 to 40%.
- 45 minutes before meals drink 4oz (118ml) of 11.5pH strong alkaline water followed by 20-32oz (590-950ml) of 9.5pH Kangen Water™. With the first bites of food swallow 2-4tbsp of 2.5pH strong acidic water. Wait at least 30 minutes after meals to drink any additional liquids.
- Sip the remaining water throughout the day.

*Document created from the following sources:

-'68 Uses of Kangen Water™'

-'Your Home...A Chemical Free Sanctuary' by Dr.Peggy Parker

-'Kangen Water™ Therapies' by Dr.Peggy Parker

-User testimonies

*All references to Kangen Water are references to Kangen Water™.

*The author of this document makes no therapeutic or medicinal claims whatsoever.
All information within is a compilation of the above sources.

**Our Free
Water Store™**

37 Forum Shopping Center
Chesterfield, MO 63017
314-485-1677

Mondays thru Thursdays 12-7pm
Fridays 12-6pm
Saturdays 10-3pm

Welcome!

HOW DOES OUR PROGRAM WORK?

1

It Starts with your purchase of a Clean Container(s)

We offer Reusable, No Contaminants, Light Protected, Certified BPA Free, Green Containers.

2

Our Living Water

We give away The World's Healthiest Water FOR FREE - Clean, Negatively Charged by Electricity, making it a Naturally Powerful Antioxidant Water, less Surface Tension so it goes down smooth for Maximum and Immediate Hydration while being pH Balanced for Optimal Performance

3

Refills

Bring in your Our Free Water Store container(s) as often as you choose. We are open 6 days a week. Hydrate the whole family, your body will DISCOVER & EXPERIENCE the DIFFERENCE

4

Educate

We are currently offering public educational class once a week- pick one, Register & Schedule yourself to attend and bring a friend if you would like. See back side for current list

5

Change Your Life

We make no medical or health claims. Our Living Water does not treat, diagnose or cure anything. Bodies heal themselves when given the right tools. Our Living Water simply empowers the immune system, helps the body to remove acid waste, reduce oxidation at the cellular level, and assist the body to do what God intended it to do, which is heal itself.

INTRODUCTION TO KANGEN WATER

FOR YOUR HEALTH, HOME, AND OUR PLANET

Our Free
Water Store™

WHY KANGEN WATER

CHANGE YOUR WATER CHANGE YOUR LIFE

What we often don't realize is that our natural state is one of well-being, free of dis-eases and ailments of all kinds. As with most good things, we don't appreciate its worth until we've lost it, and then it doesn't take long before all of the ailments that settle in become our "new norm." We are told by our doctors and others that these ailments are just the normal process of aging instead of recognizing them as the result of chronic dehydration, an unhealthy diet, lack of basic exercise and/or other bad habits. We can't fault the doctors if they, like the majority of the population, don't know any better.

Our bodies are 70-75% water, and just like the food we eat matters, so does the quality of our water. Water carries nutrients to our cells, aids in digestion, flushes out toxins, and is key to our body and brain functioning properly. This is why Enagic says change your water, change your life. We want to bring the cleanest, healthiest, and healing water to you and your loved ones, while making a global impact on our environment, communities, and health.

So what can we do and how? We can educate people on the importance of drinking quality water, water sharing and giving value behind why QUALITY LIVING water consumption is crucial

WHAT IS KANGEN WATER ELECTROLYZED REDUCED WATER

Kangen water is ELECTROLYZED REDUCED WATER which means it is rich in molecular hydrogen (H_2). Hydrogen acts as a powerful and selective antioxidant. It protects cells from oxidative damage. Our bodies are exposed to toxic free radicals through everyday living such as exposure to stress, air pollution, environmental toxins, sleep deprivation, electromagnetic fields (EMF) from electronic devices, poor diets, strenuous exercise, and more. Free radical damage leads to inflammation, disease and premature aging.

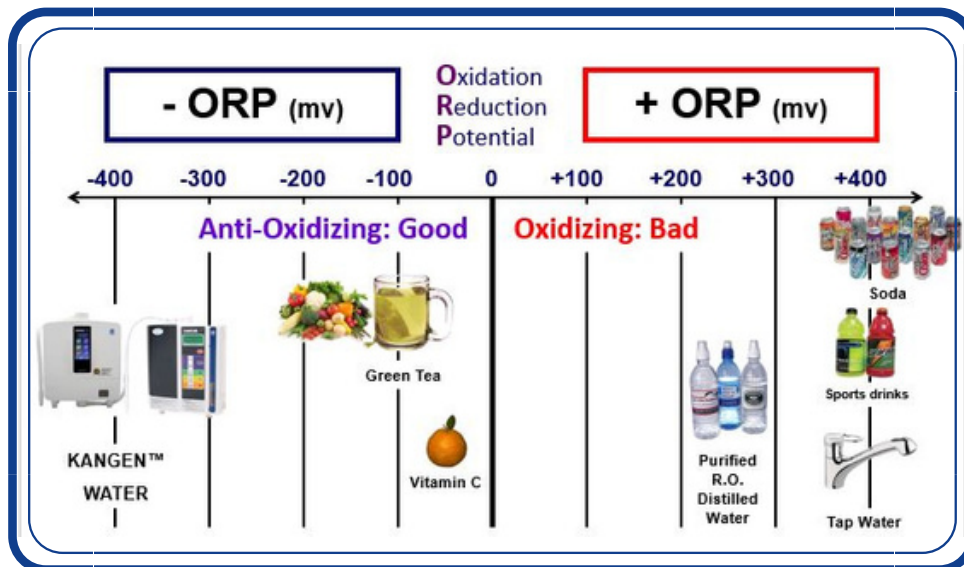
Molecular hydrogen is the safest and most powerful antioxidant to fight free radical damage. It keeps our cells healthy and alive while also boosting the immune system.

Kangen water machines are **medical grade** in home water ionizer machines that produce 7 different levels of custom pH water that is rich in active molecular hydrogen and powerful antioxidant properties. Molecular hydrogen attacks free radicals in the body and promotes anti-aging (antioxidation.) Hydrogen is the smallest molecule in the universe, which is why its bio-availability is so great; it's also neutral, which allows it to penetrate any membrane space in your body and contribute to detoxification. Hydrogen is shown to benefit every organ of the human body, effectively mitigating oxidative stress and inflammation. It also has a very unique antioxidant effect that specifically targets only the most harmful free radicals in our bodies. In addition to this, The water is restructured, meaning it is more hydrating than any bottled or tap water available to us. Kangen machines also filter out Chlorine, sediment and bacteria from our tap water. Additional pre-filters can be easily added to the Kangen machine based on the water quality of your specific area.

OXIDATION REDUCTION POTENTIAL

THE MEASUREMENT OF A LIQUID'S ABILITY TO
REDUCE OXIDATION IN YOUR BODY.

Kangen water is the only drink that measures as a negative ORP and helps buffer your cells from damage. ORP is measured in a range of -2,000 to +2,000 and units are MV (millivolts). Each substance we consume has an ORP measurement. The higher and more positive the number, the more oxidation it's causing and the more damaging it is to your cells. The lower the number the more negative it is, the higher the oxidation reduction potential and therefore more anti-oxidizing and healing it is for your cells. If we are regularly consuming substances with a high ORP (increased oxidation) we are damaging our living tissue with every bite.



**KANGEN WATER HAS AN
ORP OF UP TO - 800**

HOW DOES IT WORK?

Your Kangen machine sits on your countertop and connects to your water source via your tap, it then redirects through your tap and the internal filter. This removes chlorine, bacteria and other harmful substances.

Your tap water is now purified and goes into the second chamber through Platinum coated, Titanium plates by using the Electrolsyis process and splits the water molecules into two streams. Alkalized and Acidic water can be used for many things such as drinking, cooking, and disinfecting.

Water electrolysis is the process of breaking down and separating H₂O into hydrogen gas and oxygen gas, and therefore changing the molecular structure of the water. These isolated molecules are easier for your cells to absorb, which in turn increases hydration, nutrition uptake, metabolic function, cellular function, and energy production. In short: your cells are more deeply penetrated by electrolyzed reduced water (ERW), resulting in a well hydrated and overall better functioning and detoxifying body.

When getting started drinking Kangen Water, you will want to start with 8.5 and monitor to see if you experience any detox symptoms, and move on up to 9.0 and then 9.5

ACTIVE MOLECULAR HYDROGEN

Kangen water contains active molecular hydrogen or H_2 and is composed of two hydrogen atoms bonded to each other. Hydrogen is typically bonded to another atom. For example, two hydrogen atoms are bonded to an oxygen atom in a water molecule.

Hydrogen is the smallest, simplest, and most fundamental element in existence, though it provides a variety of health benefits that we are continuously learning about still today.

The most significant way that H_2 promotes optimal health that it enhances your antioxidant defense system. This defense system is a very important part of having healthy cells because of free radicals constantly generating inside your body.

Excess of free radicals can be dangerous for your cells. Unhealthy lifestyle, bad environment, and poor nutrition contributes to excess free radicals in your cells. Also, as you age your antioxidant defense system weakens. H_2 is the smallest antioxidant in existence and can penetrate through the stomach lining to begin acting inside your cells immediately. H_2 is also selective and targets only hydroxyl radicals, eliminating only the harmful free radicals

Benefits of Molecular Hydrogen include: Improved skin quality, anti-inflammatory, anti-aging, lowers joint pain, reduces muscle fatigue, promotes good microbes in the gut, relieves pain, enhances mitochondrial function, provides benefits for over 150 disease models.

THE 3 MAIN PRODUCTS WE SHARE AND PERSONALLY USE

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The K8 (Kangen 8) is now Enagic's most powerful antioxidant machine - featuring 8 platinum-dipped titanium plates! This additional electrode plate increases the electrolysis surface area, improves water ionization, and heightens the antioxidant production potential. You can enjoy this Kangen Water® machine in any country, thanks to its worldwide multi-voltage power supply. If you're looking for a powerful and versatile machine with plenty of user-friendly and energy-saving automated features, this machine is the best we recommend!

Higher Antioxidant Power The mighty K8 is a mighty antioxidant producer! The K8 water ionizer generates a continuous stream of 5 versatile types of water to meet all your versatile commercial needs.

Extremely user-friendly Thanks to a large full color TOUCH SCREEN LCD panel and clear voice prompts. Your machine will confirm the water you have selected with a pleasant voice, and in moments the machine will generate healthy, ionized water through a flexible pipe

THE 3 MAIN PRODUCTS WE SHARE AND PERSONALLY USE



The Anespa DX produces a continuous stream of healthy ionized mineral water. With a new, larger ceramic cartridge that removes almost 100% of chlorine and other harmful substances in your tap water, and adds safe, moisturizing minerals that are healthy for your skin and hair. Enjoy your next shower or bath in an Anespa Hot Springs Water!

The cartridge purification system effectively removes chlorine, bacteria, and dirt leaving you with a fresh, invigorating shower system. Protect your delicate skin from the harmful effects of tap water. The Anespa uses an active charcoal filter as well as a Futama-ceramic inner filter.

- **TUFA:** A mineral stone taken directly from the Futamata Radium Hot spring in Hokkaido, Japan. This stone gives the water the same relaxing effect of a hot spring.
- **MIC STONE:** Generates activated mildly alkaline water which is good for your skin.
- **POWER STONE:** Generates strong negative-ions.

THE 3 MAIN PRODUCTS WE SHARE AND PERSONALLY USE

UKON TURMERIC

Turmeric is a powerful health food used around the world to combat inflammation and illness in the body. Turmeric has unparalleled anti-inflammatory effects and is rich in antioxidants which prevents aging and oxidative damage in our bodies.

Research has shown us the turmeric can lower the risk of heart disease, one of the highest leading causes of death in worldwide, as well as prevent cancer cell growth in the body.

The UKON is Enagics line of antioxidant turmeric supplements. All ukon has been grown, harvested, and washed using Kangen beauty water and 9.5 drinking water.

.The UKON comes in the form of soap, tea, and supplement.



RESEARCH

[Kangen Water Demonstration Here](#)

[The Power of ukon](#)

[Medical Research on Molecular Hydrogen](#)

[Doctors on Kangen Water](#)



DISCOVER TRUE HEALTH!

**HOW TO FEEL BETTER THAN YOU
EVER HAVE WITH 1 SIMPLE CHANGE**



**Our Free
Water
Store™**

**37 Forum Shopping Center
Chesterfield, MO 63017**



**COACH & SHANNON SCHINDLER
REDMAN**

WE ARE BACK AT EQUIPPING AND
EMPOWERING FAMILIES TO TAKE BACK
CONTROL OF THEIR HEALTH AND IN THE
PROCESS COMMITTED TO GIVING AWAY
10,000 GALLONS A MONTH OF THE MOST
TRANSFORMATIVE LIVING WATER
FOR FREE.

#GRACEOFGOD

TO PURCHASE AN IONIZER OR START YOUR
OWN ONLINE BUSINESS SELLING KANGEN
WATER MACHINES, YOU CAN REACH US HERE

OURFREEWATERSTOR@GMAIL.COM

314-485-1677

WWW.OURFREEWATERSTORE.COM

**Our Free
Water Store™**
CHANGE YOUR *Water...*
CHANGE YOUR *Life!!*